

In case of loss of consciousness

## Instructions - The recovery position :

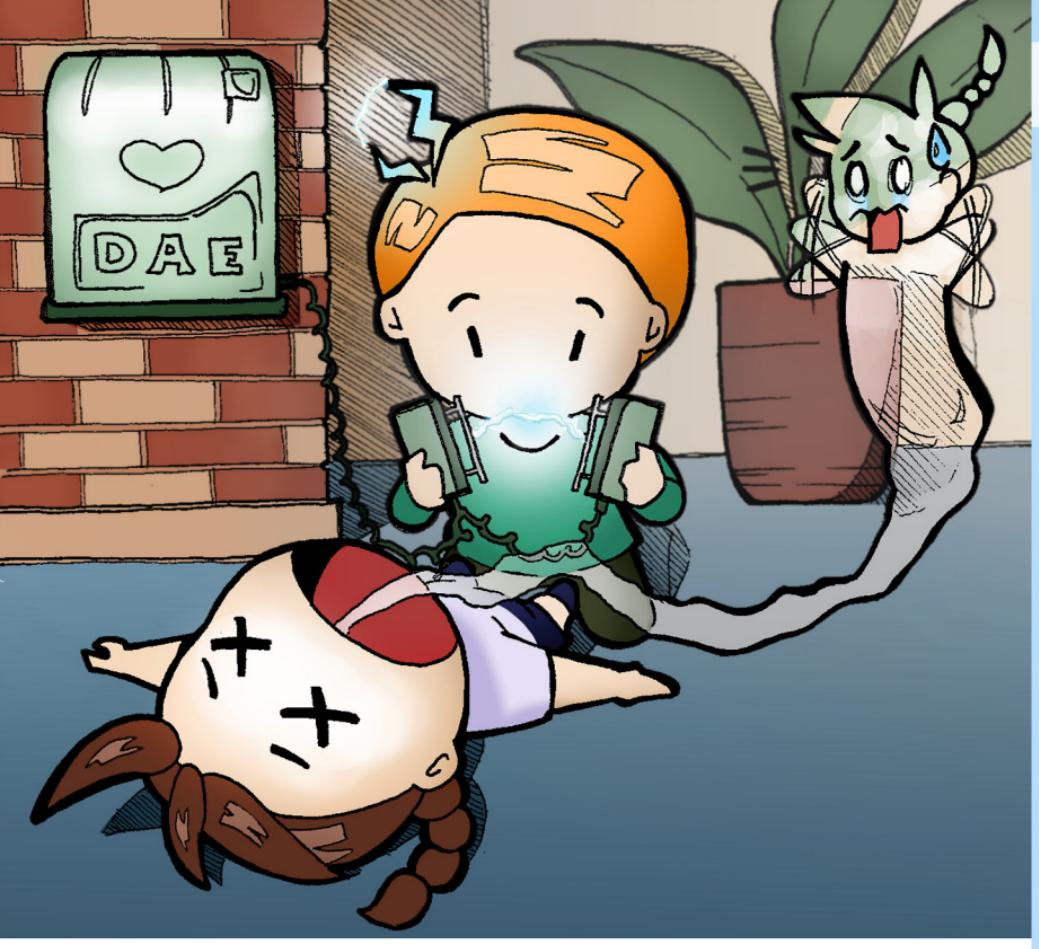


- 1 - Tilt the victim's head backwards and open the mouth to clear the respiratory tract. Be careful !
- 2 - Raise the arm of the turning side to the perpendicular of the body. Bend the leg of the opposite side, the knee pointed to the sky.
- 3 - While maintaining the position, lead the other arm to the side of the head that is opposed to it. The palm of the hand facing the ground.
- 4 - Tilt the victim on the side pulling the leg and the elbow raised to you.
- 5 - Bring the knee to the waist and secure the position. Check that the mouth is always open and the hand under the head facing the ground. Call the emergency.

Now you're ready to save lives !

But do not forget to call for help !

- |     |                          |                 |
|-----|--------------------------|-----------------|
| 112 | Emergency call number in | European Union  |
| 911 | Emergency call number in | North America   |
| 119 | Emergency call number in | China and Japan |
| 000 | Emergency call number in | Australia       |
| 999 | Emergency call number in | United Kingdom  |



In case of cardiac arrest

## Instructions - Use the defibrillator :



1 - Switch on the defibrillator.



2 - Strip the chest of the victim and apply the electrodes on skin, to places that are indicated.



3 - Follow the instructions.

The device analyzes the victim's vital signs. Once it's loaded, press the "shock" button.

**WARNING !**

Stand away from the victim DURING the analyze and WHEN THE SHOCK is delivered !



4 - Continue with a cardiac massage until the arrival of emergency.

